

# DINNER MENU

## STARTERS

### Chef's Soup of the Day

Organic Bloomer Bread

£5.95

### Hunters Skillet

Crisp Bacon Lardons, Chicken Livers, Shallots, Garlic Bread

£8.95

### Chef's Homemade Crab, Salmon and Herb Fishcakes

Soya, Honey, Chilli and Orange Dip and a Dressed Salad

£8.25

### Mediterranean Style Grilled Halloumi

Sautéed bell peppers, cherry tomatoes, Kalamata olives, capers

£6.95

### Cumin Seed Roasted Cauliflower

Raisin Puree, Tomato Concasse, Brown Caper Butter and a Truffle Cream Vinaigrette

£6.95

## MAINS

### Homemade Steak & Kidney Pudding

Champ Potatoes or Chips, Rich Meat Sauce, Chanterelle Carrots, Broccoli Florets  
£14.95

### Oven Braised Lamb Shank

Turnip puree, celery, zucchini, mixed peppers, rosemary jus  
15.95

### Tuna Steak

Wild rice timbale, sautéed mixed bell peppers, mascarpone sweet pepper sauce  
£16.95

### Homemade Beef Burger

Crispy back bacon, Cheese, Chips, Salad & Relish  
£13.95

### Chicken Supreme stuffed with Feta, Spinach and Sun Dried Tomatoes

Wrapped in Parma Ham with a Rich Red Wine Jus, Sautéed Potatoes, Broccoli Florets, Carrots  
£15.95

### Thai Vegetable Curry (V)

Rice, Poppadum and Mango Chutney  
£12.95

### Wild Mushroom Risotto (V)

Vegetarian parmesan shavings, rocket, green pesto  
£13.95

## DESSERTS

### Caramelised Rice Pudding

Thunder and lightning ice cream, damson compote  
£6.95

### Original Cumbrian Sticky Toffee Pudding

Vanilla Ice Cream  
£5.95

### Selection of Lakes Dairy Ice Cream

Shortbread  
£5.95

### Platter of Local Cheese

Grapes, Celery, Crackers & Westmorland Chutney  
£7.95

### Homemade Chocolate Brownie

White Chocolate Sauce, Marshmallows and Vanilla Ice Cream  
£6.95

## CHILDREN'S CHOICE

Chef's Soup of the Day

Bloomer Bread

£2.95

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Bowness Bake

Beef Burger, Chips and Beans

£5.25

Kings Head Cod

Cod, Chips, Garden Peas or Beans

£5.25

Cumberland Sausage

Cumberland Sausage, Mashed Potato and Gravy

£5.25

Chicken Fingers

Breaded Chicken Filler, Chips and Beans

£5.25

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## CHILDREN'S DESSERTS

Milky Bar Sundae

Chocolate and Mint Choc Chip Ice Cream, Milky Bar

£3.50

Jesse's Jolly Delight

Strawberry and Vanilla Ice Cream, Hundreds and Thousands, Jelly Babies

£3.50

Sally's Smartie Fudge Brownie

Warm Fudge Brownie, Smarties, Chocolate Sauce

£3.50

## STEAK MENU

1 course £15.95 / 2 Course £21.95 / 3 Course £23.95

### STARTERS

Chefs Soup of the Day

Organic Bloomer Bread

Crab and Salmon Fishcake

Soy, Orange, Honey and Chilli Dip

Bruschetta

Olive oil and dressed rocket

### MAINS

8oz Sirloin Steak

Chunky Chips, Tomato, Mushroom, Parsley Butter & Onion Rings

8oz Ham Steak

Chunky Chips, Tomato, Mushroom, & Onion Rings

8oz Ribeye Steak (£4 Supplement)

Chunky Chips, Tomato, Mushroom, Parsley Butter & Onion Rings

Salmon Steak

Dauphinoise Potatoes, Broccoli Florets, Béarnaise Sauce

8oz Fillet Steak (£9.00 Supplement)

Chunky Chips, Tomato, Mushroom, Parsley Butter & Onion Rings

### DESSERTS

Homemade Sticky Toffee Pudding & Vanilla Ice Cream

Crème Brûlée

Selection of Local Ice Creams

Platter of Local Cheese (£1.50 Supplement)

### SIDE ORDERS

Portion of Chips

Tossed Salad

Garlic Bread

Seasonal Vegetables

£3.95 each

### SAUCES

Diane

Au Poivre

Béarnaise

£2.95 each

## SUNDAY LUNCH MENU

1 Course £15.95 / 2 Course £18.95 / 3 Course £19.95

### STARTERS

Chef's Soup of the Day

Organic Bloomer Bread

Crab and Salmon Fishcake

Soy, Orange, Honey and Chilli Dip

Bruschetta

Olive oil and dressed rocket

### MAINS

All Roasts Served With

Goose Fat Roast Potatoes, Winter Root Vegetables, Cauliflower Cheese,  
Roasted Parsnips, Pan Gravy

Roast Topside of Cumbrian Beef

Yorkshire Pudding,

Roast Loin of Pork

Apple Sauce

Crisp Roasted Half Chicken

Rich pan gravy

Pan Roasted Salmon Fillet

Béarnaise Sauce, Lemon

Homemade Nut Roast (V)

Rich Vegetarian Jus

### DESSERTS

Crème Brûlée & Mixed Berry Compote

Our Own Sticky Toffee Pudding

Vanilla Ice Cream

Selection of Dairy Ice Creams

Shortbread



**The King's Head Inn**

Thirlspot, Near Keswick, The Lake District, CA12 4TN

Restaurant Enquiries: 017687 72393

**The Traveller's Rest Inn**

Dunmail Raise, Grasmere, The Lake District, LA22 9RR

Restaurant Enquiries: 015394 35604

**18/20 Cellar Bar & Rooms**

20 Lake Road, Keswick, The Lake District, CA12 5BX

Restaurant Enquiries: 017687 72990

**The Lodge in the Vale**

St John's in the Vale, Thirlmere, Nr Keswick, The Lake District, CA12 4TQ

Cafe Bar Enquiries: 017687 73331

**Accommodation Enquiries**

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*King's Head*

*Dinner Menu*

*Please make a note of your table number and  
order at the bar when you are ready*

*Thank you*